

	January	February	March (Spring kilogram)	April	May	June (Summer kilogram)	July	August	September (Autumn kilogram)	October	November	December (Winter kilogram)
1.												-
2.												
3.												
4.												
5.												
6.												
7.												
8.					2							
9.												
10.							4					
11.												
12.						7						
13.						7						
14.				7								
15.				A								
16.												
17.												
18.												
19.												
20.												
21.												
22.												
23.												
24.												
25.												
26.												
27.												
28.												
29.				CII	·AR	TO	RITE	CE	CC			
30.				ULI	AL			UL	50			
31.												
7												
Σ												